



Special Olympics
Cymru/Wales

Issue
May 2013

We welcome 2 new
groups to
Special Olympics
Wales
they are
Cardiff City FC

and
Brickfield Rangers
Wrexham

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jeff@specialolympicswales.co.uk

Special Olympics Wales Newsletter

Some dates for your diary

8 - 9th June: Special Olympics Wales Regional Badminton Competition, Wrexham anyone interested contact Peter Egan Tel: 01443 740881
Email: peke74@btinternet.com or
Brenda Davies Email: nevbrenlaurel@yahoo.co.uk

16th June: Competition Managers Training course: anyone that is running a competition at present or thinking of running one in the future should attend this course at Howells School, Cardiff Road, Cardiff. Interested contact.
Jeff Savory Tel: 0780 316 5581
Email: jeff@specialolympicswales.co.uk

29th June: Special Olympics Wales Regional Athletics Competition to be held in Bangor interested contact
Stephen Walker Tel: 0789 074 7417.
Email: steveiwalker@hotmail.co.uk

11th-12th May SOGB National Kayaking Competition



Welsh athletes return with a hall of 16 medals,
4 Gold, 8 Silver and 4 Bronze



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If you have an article
you would like
included in this
newsletter please
sent by email to
[Jeff@specialolympics
wales.co.uk](mailto:Jeff@specialolympicswales.co.uk)

18th May: Special Olympics Wales are hosting the first of many Sports Leaders Courses to be held around Wales in Sophia Gardens, Cardiff.



Gareth Lloyd athlete demonstrating an exercise in a practical session

15 people attended the course including 4 SO athletes the course was a positive experience regarding leadership for all that attended, all at the end of the day were asking where the next course was to be and the date.

Enjoyed by all.

On the 26th April the Cardiff & Vale group set up a Golf programme with the help of Golf Union Wales and St Andrew Major Golf Club.

We have already 12 playing regularly at the club each week being coached by the Golf Pro John Hastings.

anyone interested contact Jeff Savory Tel: 0780 316 5581

Email: jeff@specialolympicswales.co.uk

The club meets every Friday at 5.15pm





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BATH 2013

**Family
Representative
for Wales**

is

Mrs. Pam Abbott
contact details are
Tel: 01656 880422

Email:

pamabbott@aciwales.co.uk

BATH 2013

All details to be confirmed by June.

Travelling to games:

We are looking at the Welsh region travelling to the games by Team Coaches, the first will set off from Bangor and pick up at Wrexham before continuing to Bath, the second, coach will leave Haverfordwest pick up on route in Llanelli, Swansea, the 3rd coach will leave Cardiff pick up at Newport before proceeding to Bath, more details of times etc. to follow.

There will be no food until we arrive at the Opening Ceremony so please make sure that you eat before arriving at Bath.

The Opening Ceremony is going to take place in the Royal Crescent Bath between 6-9pm this will mean that the teams will have to start leaving the university at 3.30pm; this will be done using a local coach company.

At the Games:

There are already large numbers of parent registering to attend the swimming Pam will give you more information on this.

There will also be a couple of sports competing in the evening if you wish to see them these at present are Short Mat Bowls, Boccia, Rhythmic Gymnastics, and Football.

There will be First Aid station at each venue and a Medical Centre in the University manned by Doctors 8am – 9pm

There will be Healthy Athletes this will be in the student union building between 5.30. - 9.30pm

Head of Delegation & Head Coach manuals will be out in July and I will encourage all HC to share this information with other members of their squad.

Our accommodation is in Woodland Court which is single en suite rooms, they have card entry system, lifts to all floors, and each block has a kitchen which is fitted with fridge, microwave and kettle.



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Photo of
Sabrina & Jason
with their awards

If you are interested in
being involved in
Special Olympics as an
athlete or volunteer
please contact
Jeff Savory
to find out where the
nearest opportunities
are.

Mob: 0780 316 5581

Email:
[jeff@specialolympics
wales.co.uk](mailto:jeff@specialolympics.wales.co.uk)

MEMBERS PAGES

Sabrina Fortune - Flintshire Athlete of the year award

Jason Coles - Flintshire Volunteer of the year award for Jason's work at the Olympics/Paralympics last year



Sabrina Fortune - Wrexham Athletics Female Disabled Sport Personality of the year

Richard Turner - Wrexham Athletics Male Disabled Sports Personality of the year

Michael Beynon - Carmarthenshire Male Disabled Sports Personality of the year award

Llinos Gilmore Jones - Carmarthenshire Runner up in Female Disabled Sports Personality of the year

James Tyler - Has received a special commendation award from the Pembrokeshire Mayor for his work with Special Olympics

James Tyler - Pembrokeshire Disabled Sports Personality of the year award

Nathan Jones - Carmarthenshire Volunteer of the year award for Nathan's work as an athletics coach and official

Well done all.



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We wish
Kevin Egan
all the very best for
his forthcoming
operation to have a
pacemaker fitted
this Thursday 23rd
May and hope to
see him back soon.

Throughout the months of February to May the Vale of Glamorgan Council Sports department run an Adults Boccia League Competition.

This year's runner up being the Boccia Diamonds only losing one game on the way to the final that was to their club mate the Boccia Sapphires who were the winners of the league winning every game they played Presented with medals by Simon Jones Disability Sports Officer

Well Done both Team's



Boccia Sapphires

Luzy George, Susan George and Heather Williams



Boccia Diamonds

John Harry, James Savory and Oliver Johnson

Team Office:

11, Court Road, Barry. Vale of Glamorgan. CF63 4ER

Tel: 01446 749144 Mobile: 0780 316 5581

Web site: www.specialolympicswales.co.uk Email: info@specialolympicswales.co.uk