



Special Olympics
Cymru/Wales

January 2012
Issue 2

This newsletter will only be sent out by email and will not be available by post.

The second edition will be available in Welsh on request, as a young lady in Bangor University has offered to translate for us.

Thank you Ceri

If you do not want to receive this newsletter please Email: stop newsletter to jeff@specialolympicswales.co.uk

Special Olympics Wales Newsletter



Photo: Jane Hutt AM sends off athletes & coaches to the World Games

Welsh Athletes and Coaches from the SOGB World Games Team invited to the BBC Wales Sport Personality of the Year Awards 2011

The feedback I had from the athletes and coaches that attended was that they had a great night and met many of their Welsh sporting hero's in the Liberty Stadium Swansea.

If you know anyone who has not received this newsletter and would like to receive it please let us know by sending their Email address to us jeff@specialolympicswales.co.uk

May I wish everyone a Happy New Year, we look forward to hearing about all you achievements throughout the forthcoming year.

**Badminton class held every Thursday 4.30 at W.I.S. Cardiff & Friday Calcot Sports Centre Barry at 7pm
Penarth Gymnastic Club have MOVED to Units 2-3 Ty Verlon Ind Estate Barry**

Team Office:

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S.O. Wales Kit Sale

Benefits to members
you can save money
on your next stay at
the Holiday Inn in
Cardiff, Bristol etc.
See edition 1.

Update on SOGB
National Summer
Games 2013

MEMBERS PAGE

SPECIAL OLYMPICS WALES.

LEICESTER KIT FOR SALE AT REDUCED PRICE'S, we only have a few of some sizes and in some cases only 1 in a size so first come first served

Tracksuit Jacket: now £15

Ladies sizes: XX Small, Medium, 2XL, 3XL, and 4XL

Gents sizes: Small, Large, XLarge, 2XL, 6XL and 8XL

Tracksuit Trousers now £15

Ladies: Small, Medium, XL and 2XL

Gents: Small, Large, XL, 2XL, 3XL, 4XL < 5XL,

Geo Polo shirt with zip now £10

White: Small, Medium, XL and 2XL

Red: Small, Medium, XL, 3XL and 5XL

Tonic Tops now £10

Sizes: XXSmall, Small, 2XL and 8XL

Plus we have several pairs of matching shorts if required.

Berma Training Top now £10

Sizes: 40, Small, Medium, Large, 2XL, 3XL and 4XL

Wet Jackets now £5

Sizes: Small, XL, 3XL and 8XL

The Special Olympics GB National Summer Games

will be held at Bath University arriving 28th August, depart 1st September 2013.

Sports will include:

Athletics, Artistic Gymnastics, Badminton, Bocce, Boccia, Football, Judo, Netball, Rhythmic Gymnastics, Short Mat Bowls, Table Tennis, and Tennis.

Cycling and Golf are subject to confirmation and, if offered, are likely to be off campus

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The cycle starts
again:

Winter World Games
in South Korea 2013

Start training for
Summer World
Games in LA 2015,

EVENT PAGE



Wishing our Skiers well in the SOGB National Ski-ing Competition and looking forward to many of our skiers being selected for the World Games

Updated Special Olympics Wales Competition programme 2012

11 th March	Bocce	Regional Closed	Llanelli
24 th March	Multi-sport	Come and Try	Bangor
24 th March	Ten-Pin Bowling	Regional Open	Nantgarw
April	Multisport	Come and Try	Merthyr
May	Multisport	Come and Try	Newport/ Monmouth
June 30 th	Athletics	Welsh National Open	Wrexham
June 30 th	Badminton	Welsh National Open	Wrexham
July/August	Kayaking	SOGB National	Port Talbot?
August	Boccia/Golf	Come and Try	Wrexham
September	Green Bowls	Regional Open	Cardiff
September	Golf	Regional Open	Llanelli
Sept	Aquatics	Regional Open	Cardiff
Oct	Boccia	Regional Open	Barry
November 2-4 th	Gymnastics	SOGB National	Cardiff

DATES AND VENUE'S TO BE CONFIRMED

Forthcoming International Competition

2013 SO Winter World Games South Korea
2014 SO European Games Belgium
2015 SO World Summer Games, held in LA,

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Helen Pritchard with her medal for Ten-Pin Bowling at the Special Olympics Summer World Games 2011

NATIONAL COMPETITION PAGE

In Wales in 2012 we will be hosting 2 SOGB National events up to now; these will be Kayaking and Gymnastics.

SOGB National Kayaking Competition venue and date to be confirmed.

Gymnastics will be hosted jointly with S.O. Wales and Welsh Gymnastics and we would like to thank Welsh Gymnastics and look forward to a rewarding partnership together.

This event will take place between 2 – 4th November at Sophia Gardens, Cardiff

And again this year we will be holding several Come & Try days around Wales



Welsh athletes carrying the torch at the opening of the SOGB National Indoor Athletics Competition



SOGB World Games Team members at Downing Street 2011



Shain Lewis at the Special Olympics Summer World Games in Athens 2011

Anyone interested in Tennis

We have met with Simon Clarke from Tennis Wales and have agreed to work together to develop Tennis in Wales, if any of you are interest in playing Tennis please let me know.

Tennis Wales have also agreed to help with Tennis at our forthcoming Come & Try Days

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Health Lottery

**Look for the 12 digit
number on your
Coke bottles and
tins**

**Help with Coaching
Course Fees**

GROUP / CLUB PAGE

FUNDRAISING

The People's Health Trust is a registered charity which funds projects addressing health inequalities across England, Scotland and Wales. The Trust is funded by 51 local society lotteries and the good cause money they raise through The Health Lottery. We would like to draw your attention to the Healthy Communities Small Grants Programme which is now open in your area. The Healthy Communities Programme makes grants of £5,000 - £10,000 to small community and voluntary organisations to support an improvement in health and well-being in their local communities. <http://www.peopleshealthtrust.org.uk/index.php/apply-for-funding/small-grant-programmes>

Coke Zone <http://www.cokezone.co.uk/home/catalogue/category/Charity>

Help support Special Olympics Great Britain by collecting points on Coke Zone. Just look for the specially-marked packs of 'Coke Zero'.

You will find a 12 digit code on specially marked 500ml and 2l bottles of Coke, Diet Coke & Coke Zero. The code is etched on the bottle, under the label. On can multipacks it is printed on the inside of the cardboard pack.

Email: jeff@specialolympicswales.co.uk your 12 digit number you have collected of the coke bottles & tins.

Special Olympics GB: have a grant available to cover 50% of coaching course fees, forms downloaded from SOGB website.

And just released there is a new grant available which is being funded by the National Grid up to £2000, forms are available for this grant, forms downloaded from SOGB website.

We are looking for groups; athletes and coaches to do a profile on for the next edition of this newsletter come on don't be shy.

This year 2011-12 we have had new groups join us these are Bridgend Football Club, and Neath-Afan Gymnastics Club and we have received enquiries from Bangor University and a gymnastics club looking to join SO.

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